

Residential Handbook Supplement

Welcome Message from Comprehensive Healthcare

Welcome to Comprehensive Healthcare's Adult Residential Treatment and Assisted Living Programs. We strive to create an environment that enhances your quality of life. It is our intent to make this facility as comfortable as possible. We are committed to providing you the best possible care and service.

Following is some information we hope you will find useful. We recommend that you read this entire handbook and keep it in a place where you can easily refer to it should questions arise.

If you or your family members have any questions, need information or additional explanation about our services, please ask one of us.

About our Programs

Underlying the treatment offered at Comprehensive is the fundamental belief that given a supportive and caring environment, individuals will make choices that address their needs and, in time, move toward a more stable living environment. Treatment is a resident and staff collaborative process that recognizes everyone is unique and that recovery is possible.

Before treatment is initiated, evaluations are conducted to determine the appropriate level of care. Initially, treatment priorities address resident safety along with medication and behavioral stabilization. Additional treatment options may include modalities designed to enhance cognitive, social, and behavioral functioning.

Program Goals

The major goals of all Comprehensive Healthcare's Residential Programs are to assist residents with:

1. Attaining and maintaining control over mental health symptoms and problem behaviors.
2. Enhancing skills associated with activities of daily living, social interactions, establishing an employment goal, understanding housing options, learning effective communication skills, and coping with life conflicts.
3. Maintaining a therapeutic living environment that respects the rights and dignity of residents.
4. Engaging in a long-term planning for mental health treatment and rehabilitation.
5. Promoting independent decision-making skills and becoming actively involved in achieving life goals.
6. Understanding the recovery process.

Your Rights

You should have received a full copy of your Residential Rights upon admission to the facility. Additionally, a full list of Resident Rights is posted in each facility for your convenience.

Hours of Operation

All Comprehensive Healthcare residential facilities are open 24 hours a day, 7 days a week.

Comprehensive Healthcare Buildings are Smoke-Free

Smoking is not permitted inside any of Comprehensive Healthcare's buildings. Smoking is permitted in the designated outdoor smoking areas and receptacles are available 25 feet away from the entrance. At Pathways smoking is limited to cigarettes only.

If you would like to quit smoking, educational materials as well as information on support groups are available.

Services Available at all Facilities

Meals

Three nutritious meals and snacks are served daily. Accommodations are made for special diets (doctor ordered) and alternative selections are offered for each meal served.

Medication Management/Medical Services

Twenty-four-hour medication monitoring and supervision of the resident's self-administration of medication will be available in all Residential Facilities. Ongoing contact with the resident's treating medical provider and review of the resident's behavior by residential staff will assure quality medication management services.

Emergency medical and pharmacy services will be provided by Comprehensive Healthcare's medical staff and nearby hospitals or clinics. Non-emergency medical services will be provided by a resident's designated primary care physician.

Trainings/Groups

Groups occur throughout the day with participation being expected. Staff provide training in self-care, nutrition, personal finances, relapse prevention, employment opportunities, housing options, and time management.

Laundry Services

Residents are encouraged to do their own laundry. However, staff is available to help with the equipment and/or the process.

Housekeeping Services

Residents are encouraged to maintain their personal living quarters. However, if clients have difficulty maintaining their personal space, staff is available to provide assistance.

Independent Living Skills

Residents are encouraged to participate in activities of daily living, and social and recreational activities. Staff will be available to assist as needed in coordinating such activities.

Personal Space and Personal Belongings

You will be provided with a bedroom and space for storing personal belongings (you will not be allowed to store personal belongings that could cause harm to yourself or others). You will also have access to a bathroom complete with a toilet, sink, and shower. You are encouraged to keep your personal space clean. You will not be allowed to smoke in your bedroom. If safety concerns are noted, staff may search your personal belongings and/or your personal space.

Depending on your length of stay in the residential program, you will be allowed to personalize your space (pictures, arts and crafts, etc.). Before putting up personal items, please consult with residential staff to ensure your display complies with the health and safety standards of the facility.

Comprehensive Healthcare will not be responsible for personal belongings. Storage space will be provided for belongings that cannot be stored in a private bedroom or at your request. You are responsible for taking your personal belongings or making arrangements for your belongings to be moved when you leave the facility. Any belongings left behind will be disposed of thirty days after you leave the facility.

Personal vehicles will not be allowed to be used during your stay in Comprehensive Healthcare Residential Facilities.

Comprehensive Healthcare Residential Services:

Gleed Orchard Manor Assisted Living

30 Link Road, Naches, WA
509.966.5880

Stepping Stone Assisted Living

202 N. 7th Street, Yakima, WA
509.452.0715

Pathways Adult Residential Treatment Facility

307 W. Walnut, Yakima, WA
509.453.4301

Crossroads Adult Residential Treatment Facility

1319 Saul Road, Sunnyside, WA
509.837.2255

Waypoint Adult Residential Treatment Facility

1250 SE Commercial Drive, College Place, WA
509.876.0190